

REVIEWS



PRODUCTS

PHOTOSONIX™ NOVA

Price: AUD\$595.00

Available: Vibrance—Australian Medical Research Pty Ltd, PO Box 1352, Burleigh Heads, Qld 4220, Australia; phone (075) 92 4104, fax (075) 92 1191.

Wow! What an amazing machine! I decided to give this device its first test one evening close to deadline, at a time when I was getting quite tired.

The machine lives up to its claims. I selected programme #06, which is among the "general tune-up" range of settings, and is designed to energise you.

Not knowing what to expect, I gingerly strapped on what is considered by many to be the Harley-Davidson, or Rolls Royce of the 'mind machines'.

For the uninitiated, you are basically putting on a headphone/eye goggles combination, which pulses sound and flashes red/green light at you.

It is well-known that the human brain is quickly entrained, that is to say that brainwaves synchronise to that of any regular overriding external input—in this case, flashing lights and sound at precisely measured beats.

The results I felt afterwards were instant and very noticeable: I felt absolutely wonderfully clear and focussed.

This particular model has a range of 50

pre-set programmes, plus it allows the dedicated users among you to design your own programmes.

The accompanying manual is very explanatory and thus the NOVA is easy to use.

The NOVA is used for relaxation or stimulation, meditation, visualisation, or for inducing out-of-body states (with some people anyway).

Lists of frequencies, accompanied by descriptions, allow you remain totally in control of your journeys.

Caution: Persons subject to any form of seizures or epilepsy, using a pacemaker, or suffering from cardiac arrhythmias or other heart disorders, should not use the NOVA without medical supervision.

BOOKS

CASEBOOK ON ALTERNATIVE 3 UFOs, Secret Societies and World Control

by Jim Keith

Published by IllumiNet Press (1994), PO Box 2808, Lilburn, GA 30226 USA ISBN 0-9626534-9-7

Price: AUD\$26.00, (160pp, p/b)

Available: NEXUS Magazine, PO Box 30, Mapleton Qld 4560, Australia; phone (074) 42 9280, fax 42 9381.

Hopefully by now you will have read the article starting on page 27 of this issue, which is basically a complete extract of

Chapter 3 from this book.

To recap on *Alternative 3*: In 1975, the normally conservative television programme, *Science Report*, broadcast the most shocking investigative story ever shown on British television—an international conspiracy of monumental proportions with the code-name *Alternative 3*.

Among the allegations of *Alternative 3* are: that the rich elite of the world have initiated a secret space programme to escape the coming environmental and natural disasters; that joint American-Russian bases exist on the Moon and Mars; that UFOs are actually secret government aircraft utilising technology far beyond what we are told; that top scientists around the world have been recruited to these space bases; and that innocent civilians are being kidnapped and subjected to mind control to serve as zombie-style slave labourers at these secret bases.

This book is certainly an excellent compilation of research on topics alluded to in the classic book, *Alternative 3*.

PASTEUR EXPOSED: GERMS, GENES, VACCINES—The False Foundations of Modern Medicine

by Ethel Douglas Hume

Published by Bookreal (1989), 8 Millar Street, Denmark WA 6333, Australia

Price: AUD\$unknown (260pp, p/b)
Available: From the publisher.

This is a very important, often referred to, and old book which exposes Pasteur



REVIEWS

BOOKS

for who he really was. It was written by Ethel Douglas Hume and was first published in 1923 under the title, *Béchamp or Pasteur?* The author has sought to present the much-suppressed work of Professor Antoine Béchamp, and therefore show Pasteur and his ideas as being those of a charlatan and plagiarist.

It was Dr Montague R. Levinson who started the inspiration for the writing of this book. While Béchamp was still alive, he happened to come across his writings. So greatly did he become imbued with the views of the French Professor that he seized the first opportunity to travel to Paris. He was fortunate enough to arrive some months before the death of the great scientist and to receive from him, in person, an account of his discoveries and his criticisms of science, ancient and modern.

The book irrefutably explains how and why our accepted ideas concerning health and disease are radically wrong. It demonstrates why anyone who critically examines the concepts of infection, immunity, degeneration and even genetics, will be faced with countless contradictions and innumerable unexplained 'facts'. It shows how nobody in the field of conventional medicine can really say why diseases occur.

THE THIRD ELEMENT OF THE BLOOD

by Professor Antoine Béchamp
Published by Ziggurat Books (1994),
PO Box 1767, Collingwood Vic. 3066
Price: AUD\$19.00 (217pp, p/b)
Available: Ziggurat Books (see p. 61).

This book is the last work by a man who should today be regarded as one of the founders of modern medicine and biology, and should be ranked as one of the giants in the history of science.

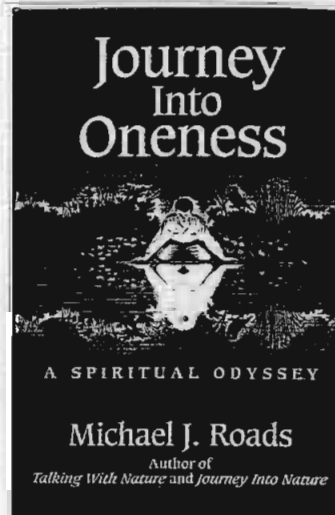
It is the manuscript that was mentioned above that Dr Levinson obtained from Béchamp himself and had translated into English. So it was first published in English just a few years after Béchamp's death—1915.

The Third Element of the Blood contains, in great detail, the elements of the microzymian theory of the organisation of living organisms and organic materials.

It shows that more than 100 years ago,

the germ or microbial theory of disease was demonstrated by Béchamp, and those who worked with him, to be without foundation and totally inadequate as an explanation of disease and its transmission.

The ancients believed that there is no single cause of disease; Béchamp proved them right and was written out of history for his trouble.



JOURNEY INTO ONENESS

A Spiritual Odyssey
by Michael J. Roads

Published by H J Kramer Inc. (1994),
PO Box 1082, Tiburon CA 94920 USA
ISBN 0-915811-54-5

Price: AUD\$22.00 (231pp, p/b)

Available: Distributed by Gemcraft
Pty Ltd, Burwood, Victoria, to
discerning bookstores;

or available from the author, M. J. & T.
Roads, PO Box 778, Nambour Qld
4560, Australia.

This has proven to be the hardest book for me to review so far. To start with, the author is my father, and secondly, I am such a fan of his writing that I am more than likely going to spend the bulk of this review encouraging you to read this book.

There are many descriptions which suit this book—a metaphysical adventure, an exploration of consciousness, out-of-body encounters with non-physical beings—but all of these do not come close to describing the feeling that you are there with the author.

The information imparted and, more importantly, the experiences captured seem to have a magical effect on just about everybody who reads Michael's



REVIEWS

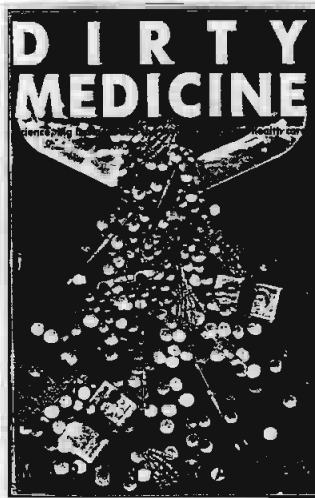
BOOKS

books.

It is very hard in this day and age not to get caught up in the injustice and sadness experienced by many people, and it is harder still to ever find a viewpoint of reality that allows such perceptions to exist, but for positive reason.

This book will excite you and expand your mind to consider concepts of realities that exist only in your wildest dreams.

Thoroughly recommended book!



THE McDANIEL REPORT

by Stanley V. McDaniel

Published by North Atlantic Books (1993), Berkeley, California, USA
ISBN 1-55643-088-4

Price: AUD\$30.00 (USD\$20.00)

Available: See ad on page 37.

We have printed the Executive Summary, as well as the introductory paragraphs to Chapter One from this Report in the article, "The Mars Mission Cover-up", on pages 33-37 of this issue.

Briefly, this report is a thorough examination on the failure of Executive, Congressional and scientific responsibility in setting mission priorities for NASA's Mars exploration programme.

In other words, it shows beyond doubt that the unusual surface features in the region of Cydonia on Mars, warrant further investigation as a matter of urgency. The author also shows that for some strange reason NASA is not interested—or, if it is, it is keeping all relevant data a secret from the public.

This is excellent resource and reference material for anybody interested in the mysteries of Mars.

DIRTY MEDICINE

Science, Big Business and the Assault on Natural Health Care
by Martin J. Walker

Published by Slingshot Publications (1993), BM Box 8314, London WC1N 3XX, UK

ISBN 0-9519646-0-7

Price: USD\$24.00 (729pp, p/b).

Wow! What a great book! 730 pages crammed full of hard-hitting, documented information showing that there is a concerted attack by drug companies (via science, media, educational bodies and big business) on natural health care.

Dirty Medicine deals with UK as well as US health issues. I have reviewed many such titles from the USA and Canada, and even one or two from Australia, so it is interesting to see the same tactics being employed in the UK and Europe.

My only grievance about this book is that I don't know where to tell people to get it from. We ordered ours direct from the publisher, but no details were forthcoming on postage, price, distributors, etc. (I suggest you try NEXUS in a few weeks and we'll try to get it in.)

If you are into health research and need some facts, figures, names and dates on how alternatives to drug medicine are being attacked, then you will want this book.

DISCOVERY OF MAGNETIC HEALTH: A Health Care Alternative

by George J. Washnis and Richard Z. Hricak

Published by Nova Publishing Company (1993), 11607 Nebel Street, Rockville, MD 20852, USA; phone (301) 231 8229, fax (301) 816 0816
ISBN 0-9639560-1-9

Price: USD\$21.95 (347pp, p/b).

This book is for both the layperson who is unfamiliar with magnetic therapy, and the medical professional. It demonstrates that the application of magnetic fields can make a difference in health.

It presents facts, arguments, answers, case histories, controlled studies, analyses and recommendations for further research. Here, in one meaningful publication,

REVIEWS



BOOKS

state-of-the-art techniques of magnetotherapy, physician treatment protocols, and personal interviews and opinions of recognised experts are presented.

Truly an excellent book in its field!

ABDUCTION TO THE 9th PLANET by Michel Desmarquet

Published by Arafura Publishing (1993), Melbourne, Victoria, Australia ISBN 0-646-15996-8

Price: AUD\$16.95 (181pp, p/b)
Available: Distributed by Spectrum Access, PO Box 1241, Toowong Qld 4066, Australia, phone (07) 870 0055, to discerning bookstores.

It is not every day that we get a book written by a man who claims to have been gently abducted and taken to another planet, particularly when that planet is not in our solar system.

I usually read this type of book to find out what sort of message the aliens are trying to get across to us, and to find out what, if anything, the aliens say about the history of the Earth and their involvement with it.

Here the aliens are saying (again): stop killing, love each other, stop destroying the Mother Earth. In a nutshell, they outline the 'colonisation' of Earth by various extraterrestrials way back in days gone by. It is all very interesting but I end up thinking: this is yet another story about the Earth, which in many ways contradicts all the other 'abductee' stories about the history of the Earth—which one do I believe, if any?

While I certainly do not deny the reality of the experience for the author, I grew somewhat sceptical when these supposedly hi-tech, high-love beings calmly blew away some Neanderthals with ray guns. I mean, why not just paralyse them for a while—why kill them?

Anyway, this book is currently roaring up the 'top ten' of UFO/channelling circles, and I'm sure you'll hear a lot more about it.

EMPTY WAS MY HOUSE by Shirley Thomson

Published by Literary Mouse Press, (1994), PO Box 627, Kalamunda WA 6076; phone/fax (09) 291 7651

ISBN 0-947295 52 6

Price: AUD\$17.95 (218pp, p/b)
Available: Literary Mouse Press, or discerning bookstores.

This is a very moving book, and is a well-written example of what must be affecting thousands of people around the world.

The book takes you into Shirley's childhood, with all the sights and smells of family life in Scotland. Then came the War. When her father returned from the war, he was a different man.

Instead of carefree and loving, he was unhappy, withdrawn, and addicted to gambling. An emerging pattern of domestic physical and mental violence, incest and mental cruelty stayed with this beautiful young girl 'til long after leaving home.

The denial of her painful childhood memories led to cancer of the thyroid, a nervous breakdown, diabetes and finally epilepsy.

This is a story of courage and triumph of the human spirit. Shirley's gift as a storyteller enables the reader to open many secret doors inside themselves as they travel with her.

FORBIDDEN ARCHEOLOGY The Hidden History of the Human Race

by Michael A. Cremo and
Richard L. Thompson

Published by Govardhan Hill Publishing (1993), PO Box 52, Badger, CA, 93603, USA; phone (209) 337 2828, fax (209) 337 2354
ISBN 0-9635309-8-4

Price: USD\$39.95 (914pp, h/c).

When a scientific theory gathers the status of a dogma, the possibilities of new research being conducted in that area, and the room for new theories on the matter, become severely restricted. Those who try to break through such barriers run the risk of castigation and prejudice.

Michael Cremo and Richard Thompson are therefore to be congratulated on spending eight years producing the only definitive, precise, exhaustive and complete record of practically all the fossil finds of man, regardless of whether they fit the established scientific theories or not.

Forbidden Archeology takes us through so many anomalies of fossil man. If only one human fossil or artefact of the 50 or

REVIEWS



BOOKS

so meticulously documented and discussed from the Miocene or early Pliocene is correctly dated, then everything concerning the theories of human origins must return to the melting pot. And the evidence is that a large proportion of them are entirely credible.

The book is both entertaining and scholarly. Data is not pressed into the service of any particular doctrine, but presented and left to tell its own story.

Cremo and Thompson also describe the processes by which data gets suppressed—consciously and unconsciously—and discuss all the evidence upon which modern theories are founded.

Forbidden Archeology deserves to provoke discussion and controversy. It should not be swept aside or ignored.

(Extracted with permission from a review by John H. Davidson, M.A. (Cantab.), Cambridge, UK.)

MEDICAL MAGNETS **Nature's Healing Energy** **by Barbara Gordon**

Published by Magnetic Health Products (1991), 5 Burns Street, Byron Bay NSW 2481, Australia; phone/fax (066) 85 7842

ISBN 0-646-07052-5

Price: AUD\$12.00 (45pp, p/b)

Available: See advert on page 79.

A great little book full of simple and easy-to-understand information on magnetism and its health effects.

Topics covered include pain relief, north and south poles of magnets, different types of magnets and their effects, magnetised water, animals and magnets, muscle testing, and when magnets are ineffective.

Illustrated throughout with diagrams and charts, this book is a must for anyone interested in the power of magnets.

A COMPREHENSIVE GUIDE TO CONVENTIONAL AND ALTERNATIVE TREATMENTS FOR AIDS **edited by Claudio Lai**

Published by MPI Productions (1994), PO Box 187, Hollywood CA 90078, USA; phone (213) 368 8125

Price: AUD\$29.95 (128pp, s/b)

Available: MPI Productions, 90

Westbourne Street, Petersham NSW

2049, Australia; phone (02) 569 3493, fax (02) 745 2494.

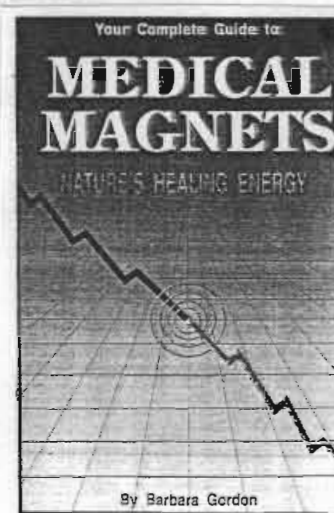
This invaluable manual was compiled by Claudio Lai following the production of the video, *AIDS—Alternative Therapies and the Struggle for Legalisation* (see NEXUS review, vol. 2, no. 18).

The rundown it provides on the range of conventional and alternative AIDS treatments is comprehensive, unbiased and eye-opening. It covers information about AIDS epidemiology, HIV testing, opportunistic infections, vaccines, political and social issues, and much more.

The glossary, list of AIDS organisations and extensive bibliography are useful references for interested layperson and researcher alike.

My overwhelming impression from perusing the data on side-effects and efficacy of all the treatments covered is this: given the choice between toxic FDA-approved drugs with damaging, if not fatal, consequences, and the more natural, gentle alternatives with minimal side-effects and greater survival prospects, I'd certainly choose the latter.

Anyone seeking medical advice or trying to make informed choices about which AIDS or HIV treatments to follow, would be well-advised to be armed with this guidebook.





REVIEWS

BOOKS

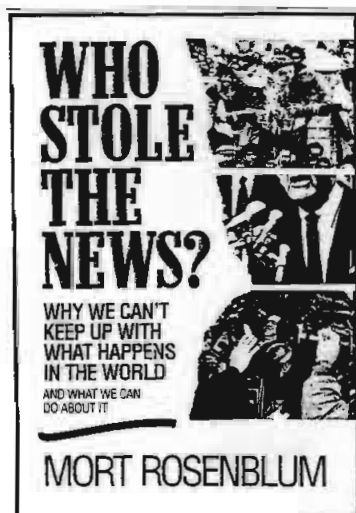
WHO STOLE THE NEWS?

by Mort Rosenblum

Published by John Wiley & Sons Inc.
(1993), 605 Third Avenue, New York,
NY 10158-0012, USA
ISBN 0-471-58522-X

Price: AUD\$45.00 (298pp, h/c)
Available: Jacaranda Wiley Ltd, PO
Box 174, North Ryde, NSW 2113;
phone (02) 805 1100, fax 805 1597.

This book is an intriguing behind-the-scenes critique of how the business of



news operates. With more than twenty-five years' experience as a foreign correspondent, mainly with Associated Press, Mort Rosenblum is well-qualified to analyse why and how the news-making system works—or doesn't.

Who Stole The News? is subtitled, "Why we can't keep up with what happens in the world, and what we can do about it". Despite incredible leaps in the technology of news 'production', we, the news 'consumers', are not getting the quality of information we expect from the mainstream media. To NEXUS readers, this is nothing unusual, but, lest we lapse into cynicism, here we're given a few pointers from an 'insider' on how to combat this state of affairs. To be able to empower ourselves, we first need to understand who the players are and why the rules keep changing in media land.

The news business—be it print, radio or television—is complex and inevitably flawed at all levels: such is human nature. For example, the average news executive is more concerned with increasing ratings or circulation than with fulfilling a very real demand for incisive information and analysis about what's going on in the world.

While Mort Rosenblum's thesis applies more to the American situation, in this global village no intelligent person anywhere can afford to stand back and be manipulated. We, the reading, listening, viewing public, are not brain-dead!

VIDEOS



IMMUNIZATION RELATED SYNDROMES

by Dr Eva Snead, M.D.

Produced by Willard Promotions
(1993), "Avoca", Dumbleyung WA
6350, Australia; phone (098) 64 1031,
(075) 27 0250, or fax (098) 64 1063
Price: AUD\$44.00 (inc. p&h)
(PAL/VHS)

Available: Willard Promotions.

A fascinating lecture by Dr Eva Lee Snead, M.D., from San Antonio, Texas. Dr Snead is an internationally respected

REVIEWS



VIDEOS

lecturer, and a doctor with years of clinical experience. Her lecture shows very clearly the links between viruses in the past, diseases in the present, and vaccines. It shows some shocking connections between vaccines, AIDS, cancer, leukaemia and birth defects.

Dr Snead is the author of two other books, *Some Call It AIDS, I Call It Murder*, and *Say No to Herpes, AIDS and Chronic Fatigue*.

OZONE THERAPY for the Treatment of AIDS and HIV

Produced by MPI Productions/Global Artists Productions (1993). PO Box 187, Hollywood CA 90078, USA; phone (213) 368 8125

Price: AUD\$39.95 (46mins, PAL/VHS or NTSC/VHS)

Available: MPI Productions, 90 Westbourne Street, Petersham NSW 2049, Australia; phone (02) 569 3493.

Regular readers of NEXUS will know how committed we are on the subject of oxygen therapies.

Thus it is great to be able to review such a professionally produced and presented documentary on ozone therapy used in the treatment of AIDS and HIV.

This programme includes interviews with Dr John Pittman, a leader in ozone and AIDS in the US, Ed McCabe, author

of *Oxygen Therapies*, and Brad Anderson, an HIV-positive individual who has successfully used ozone therapy to rid his body of all signs of disease.

It covers how ozone is administered, its effectiveness and results, and also looks at why the FDA is confiscating ozone generators in the USA.

An excellent video and thoroughly recommended.

ANCIENT SECRETS—Part 4: The Egyptian Connection

Produced by Network 23 (1994), 1 The Avenue, Valley Heights, NSW 2777, Australia

Price: AUD\$35.00 (30mins, PAL/VHS)

Available: NEXUS Magazine, PO Box 30, Mapleton Qld 4560, Australia; phone (074) 42 9280, fax (074) 42 9381.

For more information about the contents of this video, you should read the article this issue, titled "In Search of Ancient Secrets".

Unfortunately, room did not permit us to publish as many photos of these remarkable hieroglyphs as we would have liked, but rest assured that this video has faithfully captured both the authenticity and the atmosphere of the site somewhere in the Hunter Valley region of New South Wales.

This video is the fourth in a series that explores a variety of sites and theories relating to the Earth's harmonic Grid pat-

terns, and the future.

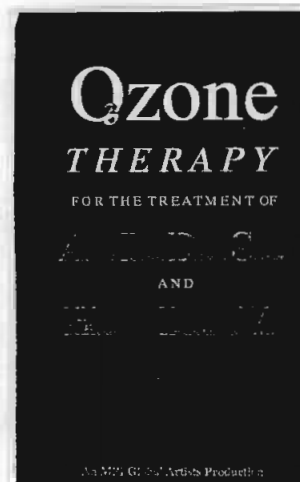
The footage on the video is clear, and certainly does justice to the mystery of these ancient carvings.

PROFESSOR JOHN R. R. SEARL 1989 Munich Lecture

Price: USD\$50.00 (270mins, NTSC/VHS)

Available: John A. Thomas Jr, 373 Rock Beach Road, Rochester, NY 14617-1316, USA; phone (716) 467 2694, fax (716) 338 2663.

We were unable to review this video due to technical problems. Stay tuned though!





REVIEWS

AUDIO

FIVE DAYS IN A PHOTON BELT

by Warp Factor Nine

Produced by Karmic Hit (1993),
Sydney, Australia

Price: AUD\$24.95 (48mins, CD)

Available: Distributed by Id/
Phonogram Promotions, Australia,
phone (02) 581 1399, and
independent record stores.

Back in 1991, NEXUS printed a story entitled "The Photon Belt", which outlined a scenario involving a huge belt of photons engulfing the solar system some time this decade.

The story grew and grew around the world until one day in early 1992 a news sheet titled "You Must Read This!" circulated around Australia and overseas claiming the photon belt was about to overtake the Earth, and five days of darkness/light would be our fate. All power would go, heat would go, civilisation would grind to a halt. It was to hit by 24th July 1992, or could happen later, even into 1994. Nothing happened!—at least not yet...

...except Warp Factor Nine (Russell, John, Boris and Darren) got together and produced a musical trip where art imitates life, and *Five Days in a Photon Belt* was born.

If you'd like to recapture that amazing feeling when New Agers across the country thought the world was going to end tomorrow, then *Five Days...* has it. The music is pleasant and atmospheric, although when we get to tracks like "The sky has fallen", it really sounds as if it has. I enjoyed the album, especially the



first few intro tracks.

Overall, a good listening album as long as you can handle the empty "Null zone" and huddling "Under the blankets".

Recommended if you'd really like to capture the feeling of five days and nights in a photon belt, to prepare, just in case...



MEDITATION MOODS

Volume 1: Healing

by Terry Cahill

Produced by Terry Cahill Music
Services (1993), Sydney, Australia

Price: AUD\$19.95 (+ \$3 p&h)
(42mins, cass.), or AUD\$55.00

(+A\$4.95 p&h) for 3-vol. set, inc. "Vol.
2: Sleeping" and "Vol. 3: Balancing"

Available: Quest Books, 1st Floor, 484
Kent Street, Sydney NSW 2000,
Australia, phone (02) 264 7152, and
alternative book/health food shops.

NEXUS had "Volume 1: Healing" to listen to and found the music a relaxing interlude in the day's busy deadline pace. Pleasant vibrational sounds combine in "Floating Symphony", the composition on Side A. It promotes a drifting ambience that lifts the psyche and makes the day lighter. Side B is "Mystic Echo" and is a thoughtful, quiet journey into the mood of the moment.

Both sides offer a gentle massage of the mind and senses, and could be recommended for home, for meditation or just a quiet evening. They would also be excellent in a clinic or practitioners' rooms, to set a peaceful mood for patients and staff.

Terry Cahill has two other cassettes in the *Meditation Moods* series—"Sleeping" and "Balancing"—and the three are available as a package.